#### GEISINGER HEALTH PLAN KIDS

# Member Update

APRIL 2014





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New Member Welcome

#### What's New in 2014?

The income guidelines for CHIP eligibility for 2014 have changed. Learn more about the types of coverage available for your child. See page 3 for details!

# Keep your child's eyes healthy!

(KidsHealth) -- Healthy eyes and vision are a critical part of kids' development. Their eyes should be examined regularly, as many vision problems and eye diseases can be detected and treated early.

#### **Eye Doctors**

Be sure to make vision care and eye checks a part of your child's routine medical care. Different kinds of doctors offer eye care, and the names can be confusing:

- Ophthalmologists are medical doctors (have gone to medical school) who provide comprehensive eye care with medicine and surgery.
- Pediatric ophthalmologists have additional special training to treat kids' eye problems.
- Optometrists provide services that may be similar to ophthalmologists, but they don't perform surgery. Some optometrists specialize in kids' eye problems.
- Opticians fit and adjust eyeglasses.

#### Eye Exams

Routine medical exams for kids' vision include:

- Newborns should be checked for general eye health by a pediatrician or family physician in the hospital nursery.
- High-risk newborns (including premature infants), those with a family history of eye problems, and those with obvious eye irregularities should be examined by an eye doctor.
- In the first year of life, all infants should be routinely screened for eye health during



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checkups with their pediatrician or family doctor.

- Around age 3½, kids should undergo eye health screenings and visual acuity tests (or tests that measure sharpness of vision) with their pediatrician or family doctor.
- Around age 5, kids should have their vision and eye alignment evaluated by their doctors. Those who fail either test should be examined by their pediatrician or family doctor.
- After age 5, further routine screenings should be done at school or the doctor's office, or after the appearance of symptoms such as squinting or frequent headaches. (Many times, a teacher will realize the child isn't seeing well in class.)
- Kids who wear prescription glasses or contacts should have annual checkups by an eye doctor to screen for vision changes.

For more infomation, visit http://kidshealth.org/parent/general/eyes/vision. html#. ©1995- 2014. The Nemours Foundation/KidsHealth®. Reprinted with permission.

# Formulary updates

Members can review the formulary online at GHPKids.com. The online formulary includes the most recent list of covered drugs, as well as details on quantity limits, tiers, and pharmacy management procedures. When medications are not listed on a formulary, GHP Kids will not pay for them unless an exception is granted. Some drugs may require prior authorization. Members may call (866) 621-5235 from 8 a.m. to 6 p.m., Monday through Friday (TDD/TTY 711), with benefit questions or to request a printed formulary.

or to request a printed formulary.									
Brand Name	Status	Tier	Prior Authorization	Quantity Limit	Detailed Limits	Formulary Alternatives			
FABIOR FOAM	Formulary	2	Yes	No	-	clindamycin phos/benzoyl peroxide, clindamycin phosphate, erythromycin/benzoyl peroxide, benzoyl peroxide microspheres, benzoyl peroxide & skin cleanser, benzoyl peroxide, salicylic acid, sulfacetamide sodium, tretinoin, erythromycin, adapalene			
BETHKIS	Formulary	2	Yes	Yes	224 ml per 56 days	Tobi Inhalation Solution*, Tobi Podhaler*, tobramycin inhalation solution*			
IMBRUVICA	Formulary	2	Yes	Yes	4 capsules per day	Revlimid*			
FETZIMA	Formulary	2	Yes	No	-	amitriptyline, amoxapine, bupropion, citalopram, clomipramine, desipramine, doxepin, duloxetine, escitalopram, fluoxetine, fluvoxamine, imipramine, maprotiline, mirtazapine, nefazodone, nortriptyline, paroxetine, sertraline, trazodone, venlafaxine			
STELARA (self-injectable)	Formulary	2	Yes	No	-	Humira*, Enbrel*			
SUCRAID	Formulary	2	Yes	Yes	One box (two 118mL bottles) per fill	None			
MIRVASO	Formulary	2	Yes	Yes	One 30 gram tube per fill	metronidazole cream/gel			
BREO ELLIPTA	Formulary	2	No	No	_				
VALCHLOR	Formulary	2	Yes	No	-	imiquimod, generic corticosteroids, Targretin 1% Gel*			
SYMBICORT	Non Formulary	Non Formulary	Yes	No	_	Asthma: Advair Diskus/HFA or Dulera COPD: Advair Diskus or Breo Ellipta			

\*Indicates Prior Authorization (PA)

Visit us online at GHPKids.com for health and wellness information, the latest listings of doctors and hospitals, and to search for pharmacies and covered prescription drugs.

## CHIP Income Guidelines change for 2014

The income guidelines for determining CHIP eligibility have been revised. CHIP is free for many families. For others, it is low-cost. Either way, CHIP benefits are the same for all. Below are the income guidelines for a family of four:

	Free	Low-cost	Full-cost	
Income Level	\$31,721- \$49,608	\$49,609-\$74,889	more than \$74,890	
Monthly Premiums/Copays	\$0	Visit GHPKids.com for specific costs		

If household income is less than \$31,721, you may be eligible for Medical Assistance. Please visit GHPFamily.com for more information.

## Has your child received a Lead Screening?

According to the American Academy of Pediatrics, one million U.S. children have elevated lead levels in their blood. Even low levels of lead can cause a range of chronic conditions, including everything from anemia, hearing loss, and kidney problems, to physical and developmental delays. Severe exposure to lead can cause seizures, coma, and even death.

Lead poisoning can be prevented and treated, but often goes undetected until the child's symptoms are evident. To make sure your child is protected, schedule an initial lead screening between 9 and 11 months, and an additional screening no later than age two. Even with modern construction guidelines, all children remain at risk of lead poisoning. For more information or to schedule an appointment, contact your primary care physician.

### Renewal Info

CHIP coverage runs for a full calendar year (12 months) from the first day of enrollment until one year later. You will receive a renewal letter and Renewal Form 90 days before the end of the benefit period. The renewal process is easy: We send you a form pre-filled with the information you provided when you applied. All you have to do is update it! You must complete the Renewal Form and return it to the Plan before the deadline or CHIP coverage will end on the date stated in the letter.

## Network Updates

For the most recent listing of our participating primary and specialty care providers, please visit our website, GHPKids.com, or call the Customer Service Team at (866) 621-5235 from 8 a.m. to 6 p.m., Monday through Friday (TDD/TTY 711). Members can also use the website to search for hospitals, pharmacies and other service providers.





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#### Welcome new members!

Welcome to CHIP, brought to you by GHP Kids. You will receive a Member Update three times a year. Each update will contain information about benefits and health issues.

You can also find important information by visiting our Web site, GHPKids.com, or by calling the customer service team at (866) 621-5235 Monday – Friday, 8 a.m.- 6 p.m. TTY/TDD users call the Pennsylvania Relay at 711. For additional resources from the Commonwealth of Pennsylvania, please visit:

http://www.chipcoverspakids.com/chip-resources/resources-for-consumers A copy of the Pennsylvania Insurance Department's Notice of Privacy Practices is available online at:

http://www.chipcoverspakids.com/assets/media/pdf/privacy\_notice.pdf

**Important insurance fraud information:** To help protect you from health insurance fraud, GHP Kids maintains an Anti-Fraud Program to help detect and eliminate fraud and abuse. One of the best ways to help us is to protect yourself. Call us or e-mail FA@thehealthplan.com for information on how to protect yourself.

Please let us know if your phone number or address has changed recently. Accurate information helps us serve you better! Call the Customer Service Team at (866) 621-5235 to update your information.

**GHP Kids Member Update** is published quarterly. Comments are welcome.

Please write:

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Si necesita ayuda para traducir esta información, por favor comuníquese con el departamento de Servicios a miembros del Geisinger Health Plan al 1-866-621-5235. Estos servicios están disponibles de lunes a viernes, de 8:00 a.m. - 6:00 p.m. Usuarios del sistema TTY deberán llamar al 711.

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