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Dental reminder

GHP Kids members are reminded that for dental services to be covered, you must use a DentaQuest network dentist. To find a dentist:

- Visit GHPKids.com and click on "Find a Dentist" to be transferred to DentaQuest's Web site; or
- Visit them directly to search for a dentist at <http://dentaquestgov.com/FindProvider/FindProvider.aspx>.
- You can also call the GHP Kids Customer Service Team for assistance. The phone number is on the back of your member ID card.

Services provided by an out-of-network dentist will not be covered by your GHP Kids benefits, unless you receive special authorization from GHP Kids.

Preventing household accidents

When was the last time you crawled around your home on your hands and knees? As strange as it sounds, give it a go. Kids explore their everyday environments, so it's crucial to check things out from their perspective to make sure your home is safe.

And though we often think of babies and toddlers when we hear the words "babyproofing" or "childproofing," unintentional injury is the leading cause of death in kids 14 years old and under, with more than a third of these injuries happening at home.

Household injuries are one of the top reasons kids under age 3 visit the ER, and nearly 70% of the children who die from unintentional injuries at home are 4 years old and under. Young kids have the highest risk of being injured at home because that's where they spend most of their time.

Supervision is the best way to prevent injuries, in the home and out, but even the most watchful parents can't keep kids completely out of harm's way every second of the day.

Here are some simple ways to help prevent injuries in your own home.

Accidents That Can Happen at Home

The common causes of home-injury deaths are fire and burns, suffocation, drowning, choking, falls, poisoning, and firearms. According to the Centers for Disease Control and Prevention (CDC), most home accidents happen where there's:

- **water:** in the bathroom, kitchen, swimming pools, or hot tubs
- **heat or flames:** in the kitchen or at a barbecue grill
- **toxic substances:** under the kitchen sink, in the medicine cabinet, in the garage or garden shed, or even in a purse or other place where medications are stored
- **potential for a fall:** on stairs, slippery floors, from



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high windows, or from tipping furniture

You can take precautions to make these places safer, but the most important thing to remember is to watch young kids at all times. Even if your home is childproofed, it only takes an instant for babies and toddlers to fall, run over to a hot stove, or put the wrong thing in their mouths. Your watchfulness is your child's best defense.

However, accidents will still happen, so it's important to be prepared. If you're expecting a baby or have kids, it's wise to:

1. Learn cardiopulmonary resuscitation (CPR) and the age-appropriate Heimlich maneuver.

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Preventing household accidents

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2. Keep the following near the phone (for yourself and caregivers):
 - poison-control number: 1-800-222-1222
 - doctor's number
 - parents' work and cell phone numbers
 - neighbor's or nearby relative's number (if you need someone to watch other kids in case of an emergency)
3. Make a first-aid kit and keep emergency instructions inside.
4. Install smoke detectors and carbon monoxide detectors.

Top Safety Tips

- Keep guns, choking hazards, and toxic, hot and sharp items out of reach
- Use safety gates
- Install outlet covers
- Never leave young kids unattended in a bath
- Install smoke detectors
- Install knob covers on doors to non-childproofed areas
- Don't put soft bedding or toys in cribs
- Don't use walkers

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Annual renewal vital for continued coverage

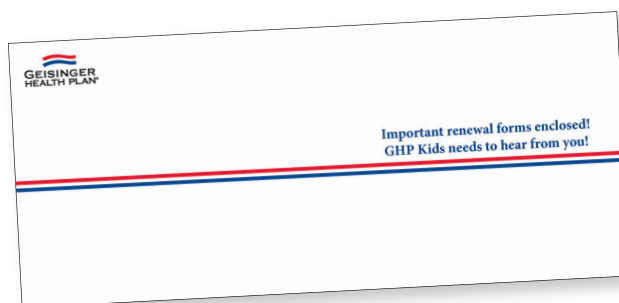
GHP Kids CHIP coverage runs for a full calendar year (12 months) from the first day of enrollment until one year later. You will receive a renewal letter and Renewal Form 90 days before the end of the benefit period.

The renewal process is easy:

We send you a form pre-filled with the information you provided when you applied. All you have to do

is update it! You must complete the Renewal Form and return it to the Plan before the deadline or CHIP coverage will end on the date stated in the letter.

Watch for a red, white and blue envelope in the mail! We will also call you as your renewal date approaches to remind you of the deadline.



When you see this envelope in your mail, it's time to renew your GHP Kids coverage!

Protect yourself from insurance fraud

In an effort to protect you from health insurance fraud, Geisinger Health Plan maintains an Anti-Fraud Program designed to help detect and eliminate fraud and abuse.

Fraud and abuse take on many forms. Some examples include, but are not limited to:

- Selling or sharing one's insurance identification number or information so false claims can be filed
 - An employer who enrolls subscribers who do not work for his or her business under a group service agreement
 - Using a member identification number that is not your own to receive treatment
- Protect yourself. Use discretion when providing your health insurance information (including your member identification number). Never release your information in exchange for free services or gifts.

If you suspect fraud or abuse, you can contact us in any of the ways listed below. You may remain anonymous.

- E-mail at FA@thehealthplan.com
- Telephone, using the customer service team number listed on the back of your ID card.
- Or send written correspondence to:

Geisinger Health Plan
Anti-Fraud Program
100 North Academy Avenue
Danville, PA 17822-3220

Welcome new members!

Welcome to CHIP, brought to you by GHP Kids. You will receive a Member Update four times a year. Each update will contain information about benefits, health issues, and new physicians who have recently joined the Health Plan.

You can also find important information by visiting our Web site, GHPKids.com, or by calling the customer service team at (866) 621-5235 Monday – Friday, 8 a.m.- 6 p.m. TTY/TDD users call the Pennsylvania Relay at 711.

For additional resources from the Commonwealth of Pennsylvania, please visit:

<http://www.chipcoverspakids.com/chip-resources/resources-for-consumers>

A copy of the Pennsylvania Insurance Department's Notice of Privacy Practices is available online at:

http://www.chipcoverspakids.com/assets/media/pdf/privacy_notice.pdf

New physicians

This list includes new primary care physicians who have joined the Health Plan since May 1, 2011. For more information on participating providers, please visit GHPKids.com, or call the Customer Service Team at (866) 621-5235 from 8 a.m. to 6 p.m. TTY/TDD users call Pennsylvania Relay at 711.

Allegheny

Family Practice

Adefunke Olawaye MD

Berks

Pediatrics

Michelle A Williams-Robinson MD

Butler

Family Practice

Shannon E McIntyre MD

Columbia

Internal Medicine

Kerrie Leigh Hoffman MD

Lackawanna

Internal Medicine

Mary Ann McDonald MD

Lancaster

Family Practice

Heidi Lynn Zimmerman MD

Pediatrics

Anitha M Weaver MD

Luzerne

Family Practice

Stanley T Bohinski DO

Stanley Michael Stanish MD

Internal Medicine

Lisa Ann Costaris DO

Lycoming

Family Practice

Namita Gupta MD

Wyoming

Family Practice

Krista Civiletti DO



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Formulary Updates

A formulary is a list of prescription medications that GHP will pay for. When medications are not listed on a formulary, GHP will not pay for them unless an exception is granted. Some drugs may require prior authorization.

Status column key:

Formulary (F) - drug is a preferred product; prior authorization may still apply according to key

Non-Formulary (NF)-drug is not a preferred product; prior authorization will likely apply according to key

Tier key:

* = requires prior authorization

** = quantity limit applies

Drug	Tier	Notes
Abstral	2 * **	There is a quantity limit of 4 tablets/day/strength
Viibryd	2*	There are numerous generic antidepressants available at tier 1 without prior authorization
Vandetanib	2*	
Amtornide	2*	There are numerous generic antihypertensives available at tier 1 without prior authorization
Femara	2*	Prior authorization required for members <45 years of age effective October 17, 2011
Letrozole (generic Femara)	1*	Prior authorization required for members <45 years of age effective October 17, 2011
Levocetirizine (generic Xyzal)	1*	Numerous products available OTC; must show failure on all of those products for coverage; Effective October 17, 2011, the prior authorization requirement will occur. Existing users since May 1, 2011 will be grandfathered.
Pradaxa	2	The prior authorization has been removed
Fentora	2 * **	Effective October 17, 2011, there is a quantity limit of 4 tablets/day/strength
Onsolis	2 * **	Effective October 17, 2011, there is a quantity limit of 4 tablets/day/strength

*Prior authorization required

**Quantity limit



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Get more information online at GHPKids.com

Specially designed for GHP Kids members and their families, visit GHPKids.com to:

- Learn more about your benefits, including covered prescription drugs
- Find a doctor or pharmacy
- Read about health and wellness tips for kids of all ages
- Find health and wellness information and advice for parents



GHP Kids Member Update is published quarterly. Comments are welcome.

Please write:

**Editor
GHP Kids
Member Update
100 North Academy Avenue
Danville, PA 17822-3240
or e-mail:
memberupdate@thehealthplan.com**

Si necesita ayuda para traducir esta información, por favor comuníquese con el departamento de Servicios a miembros del Geisinger Health Plan al 1-866-621-5235. Estos servicios están disponibles de lunes a viernes, de 8:00 a.m. - 6:00 p.m. Usuarios del sistema TTY deberán llamar al 711.

HPM50 cd August 2011 CHIP MU

If your contact information has changed, we want to hear from you!

Please let us know if your phone number or address has changed recently. Accurate information helps us serve you better! Call the Customer Service Team at (866) 621-5235 to update your information.